

ADHD

Before reading

Activity 1 – Title and cover

- Look at the title and cover of the book.
- In pairs, guess what the book is about.
- Write down your idea(s).
- Split up and find new partners – groups of four.
- Take turns and share your idea(s).

Activity 2 – Content

- Look at the contents (page 5).
- Try to tell the story of the book using the titles of the chapters.

Activity 3 – Mindmap

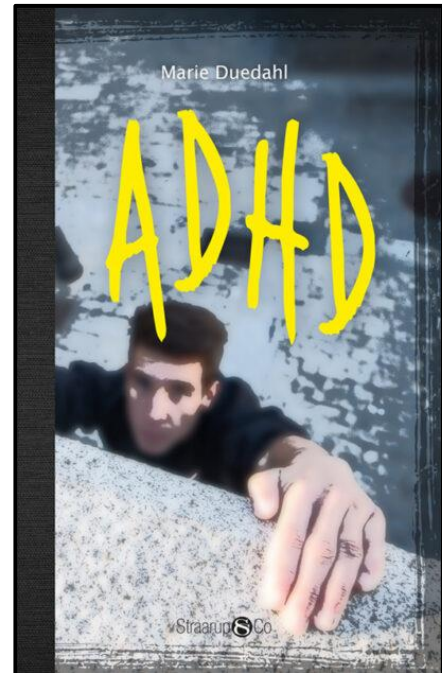
- In groups of three, make a mindmap about the word “ADHD”.
- Present your list to one/two groups.

While reading

Activity 1 – ADHD

On page 7-8, the main character Liam cannot concentrate in class.

- In pairs, explain how Liam is describing having ADHD.
- Do you or someone you know sometimes have that feeling?



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Activity 2 – White shark

On page 13, Liam compares himself to a white shark.

- a. In pairs, explain what Liam means by this comparison.
- b. How is Liam acting in class?
- c. What does Liam mean when he says, *“The white shark is alone”*?

Activity 3 – ADHD-Liam

On page 17-20, Liam is wandering around at school with his own thoughts.

- a. In pairs, write down what Liam thinks about himself?
- b. Can you recognize Liam’s thoughts?
- c. What does Liam’s classmates and family think about him?
- d. How does Liam feel about being known as ADHD-Liam?

Activity 4 – What I am actually good at

On page 35-37, Liam does what he is good at trying to save his classmate Talia from jumping off the roof.

- a. What is Liam good at?
- b. In pairs, explain how Liam’s ADHD help him save Talia?

Activity 5 – Everything

On page 46, Liam says, *“You guys are lucky to have people like me with ADHD around you”*.

- a. In pairs, explain what Liam means by saying this?
- b. Do you think that it sometimes is a good thing to act before you think?
- c. Do you act before you think, or do you think things through first?

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After reading

Activity 1 – Keywords

- a. Write five keywords from the book.
- b. Share your keywords in groups of four and explain your choice.

Activity 2 – Main Character

What information do you get about the main character, Liam?

- a. Collect information from the story and write a profile of Liam.
- b. Compare your list in class.

Activity 3 – Expressions

In the book there are the following expressions:

- *“I slog out into the corridor”* (page 14)
- *“The storm in my body quiets down”* (page 17)
- *“Everything in my brain is a mess”* (page 24)
- *“The red hair is like a flag in the wind”* (page 40)
- *“My words a spot on”* (page 42)
- *“You are such a tornado”* (page 46)

- a. In pairs, explain the meaning of the sentences.
- b. Write down other ways to express the same meanings.

Activity 4 – Positive list

At the end of the story Liam feels good and brave after what he did with the help of his ADHD.

- a. In groups, write down what can be positive about having ADHD like Liam.
- b. Compare your list in class.